



Sherburne County Resource Directory

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Table of Contents

<i>Program</i>	<i>Page</i>
<i>Childcare/Daycare/Pre-School Programs</i>	2
<i>Clothing/ Furniture/ Household Items</i>	2-3
<i>Crisis Services/Family Support/Domestic Abuse</i>	3-4
<i>Disability Assistance</i>	4
<i>Education/School Districts</i>	5
<i>Energy/Fuel Assistance</i>	5
<i>Financial Aid Information</i>	5
<i>Financial Services</i>	6
<i>Food Shelves/ Programs/ Other Food Programs</i>	6-8
<i>Homeless Shelters/Emergency Shelters</i>	8
<i>Housing Authorities/ Affordable Housing/ Low Income Housing (subsidized)</i>	9
<i>Legal Issues/Tenants (renters) Rights/Foreclosure/Employment Rights</i>	9-11
<i>Medical/Mental Health/Dental</i>	11-12
<i>Miscellaneous Resources</i>	12
<i>Post Secondary Education</i>	12-13
<i>Sherburne County Transportation Services</i>	14
<i>Tax Credits/VITA (volunteer income tax assistance)</i>	15
<i>The Family and Medical Leave Act (FMLA)</i>	15
<i>Unemployment Insurance</i>	15
<i>Workforce Centers and Partners</i>	16

Childcare/Daycare/Pre-School Programs

Sherburne County

Sherburne County Health and Human Services

763-765-4000

800-433-5239

- Assists low income families (*Basic Sliding Fee*) or MFIP recipients (*MFIP or Transitional Year*) with childcare expenses. Go into Social Services and complete an application to see if you are eligible.
- Also have a list of in-home licensed providers.

Boys and Girls Club

763-241-5000

- Offers a wide variety of programs and activities for youth ages 6-18 years old.

Sherburne County Crisis Nursery Service

763-765-4000

800-433-5239

- Provides emergency temporary/overnight child care assistance for children 12 and under that are residents of Sherburne County.

Early Child Family Education (ECFE)

763-241-3524

- ECFE offers different parenting classes, groups and even home visits for parents and their children.

St. Cloud

Child Care Choices, Inc

320-251-5081

800-288-8549

- Provides a list of daycare providers in your area and assists with finding appropriate childcare.
- Covers Sherburne, Benton, Stearns and Wright Counties.

Head Start

320-253-8110

800-848-4912

- Educational program for low income families for children from birth to five years old.

MN Department of Education

651-582-8200

- Answers to questions about birth to post secondary education in Minnesota

Clothing / Furniture / Household Items

**** Check with your local Food Shelf as they often carry clothing and furniture ****

Elk River

ABBA Crisis Pregnancy Center

763-441-7777

- This is a 24 hour hotline.
- Located at 953 4th Street
- Assists with clothing and furniture for pregnant and single women and their children.

Goodwill Easter Seals

763-274-1822

- Store hours: Monday-Friday 9-9; Saturday 9-6 and Sunday 11-6
- Donation hours: Monday-Friday 9-8; Saturday 9-5 and Sunday 11-5
- Located at 19463 Evans Street South
- Thrift store that offers used clothing, furniture and household items at low prices.

Princeton

Princeton Used Clothing Center

763-389-8380

- Located at 116 S. Rum River Road, Room 9
- Used clothing at low prices.

St. Cloud

Caritas Family Services

320-229-4560

800-830-8254

- Hours Monday 9-6pm, Wednesday 6-8pm, Thursday 1-4pm, Friday 9am-12pm
- Located at 157 Roosevelt Road, Room 100
- Provides clothing and household items to individuals and families once a month at no cost.
- Serves: St. Cloud, Sauk Rapids, Sartell, and Waite Park. You must provide ID for all members of the household

Waite Park

Goodwill Easter Seals

320-654-9012

- Store hours: Monday-Friday 9-9, Saturday 9-6 and Sunday 11-6
- Donation hours: Monday-Friday 9-8, Saturday 9-5 and Sunday 11-5
- Located at 50 S 2nd Avenue in Waite Park
- Thrift store that offers used clothing, furniture and household items at low prices.



Crisis Services/ Family Support/ Domestic Abuse

*****Minnesota Domestic Violence Crisis Line 866-233-1111*****

Monticello

Rivers of Hope

763-295-3433

800-439-2642

- Services Sherburne and Wright Counties to assist with safety issues in regards to domestic abuse.

Elk River

ABBA Crisis Pregnancy Center

763-441-7777

- Free pregnancy testing, support groups, counseling, speakers, clothing and furniture for expecting mothers.

Sherburne County

Faith in Action of Sherburne County

763-234-3586

- Faith in Action is an interfaith volunteer care-giving organization that connects volunteers to their neighbors in need.

Parenting Apart

763-241-3524

- An eight hour class is offered once a month on a Saturday for parents with children that are going through separation, divorce, and/or paternity issues. Some of the issues that are covered include: paternity and custody, child support and financial assistance, conflict resolution, personal safety, intimacy and relationships, grief, impact on children, development of a parenting plan and community resources
- \$55 fee

Single Parent Support Group **763-241-3524**
Handke Center, Elk River

- Tuesday nights
- Free

St. Cloud

Central MN Sexual Assault Center **800-237-5090**

- 24-hour crisis intervention center for victims of all forms of sexual violence.

Anna Maries **320-253-6900**

800-950-2203

- Dedicated to providing safe shelter, support, and referral services for battered women and their children.

Single Parents Support Group **320-253-2664**

- Located at the Library in St. Cloud
- Support group for single parents every Friday from 6-8 pm.
- There is a \$20 fee
- Child care is provided.

Family Life and Respect Life office **320-252-4721**

- Assists families needing help with marriage and pre-marriage preparations,
- Parenting education, marriage enrichment, sexuality and values education.

Catholic Charities – Caritas Family Services **320-650-1660**

800-830-8254

- Presentations, workshops and co-parenting classes
- Family or couples counseling.

New Beginnings **320-255-1253**

- Provides services to pregnant women 14 years of age and older in residential setting, including counseling, classes and groups.

Crisis Pregnancy Center **320-253-1962**

- Free pregnancy and STD testing. Counseling or options, and resources and education on choices.

Birthline, Inc. **320-252-4150**

320-253-4848

- Located at 1411 St. Germain St. West, Room 5
- Baby clothing, baby furnishings and maternity clothing referrals.
- They also offer parenting classes and a support person for delivery and mentors for unexpected fathers.
- Web site: www.birthline.org

Disability Assistance

Disability Benefits 101

- Disability Benefits 101 gives you tools and information on health coverage, benefits, and employment. You can plan ahead and learn how work and benefits go together.
- www.db101.org

Soar

- www.prainc.com/SOAR
- This link is to a directory of agencies that provide free SSI Advocacy service in Minnesota. <http://edocs.dhs.state.mn.us/lfsrver.Public/DHS-5889-ENG>

- Disclaimer ~ We as an agency cannot pick and choose the providers for our clients. The information provided is to assist clients in choosing their own advocate.

Education/School Districts

*****Contact your children's school if you are not receiving free or reduced school meals*****

<u>Becker</u> <i>School District 726</i>	763-261-4502
<u>Big Lake</u> <i>School District 727</i>	763-262-2536
<u>Elk River</u> <i>School District 728</i>	763-241-3400
<u>Princeton</u> <i>School District 477</i>	763-389-2422

Energy/Fuel Assistance

<i>Sherburne County Health and Human Services</i>	763-765-4000 800-433-5239
<ul style="list-style-type: none"> ➤ Provides temporary financial need for needy families, medical assistance, food support, childcare subsidies, and child support for those who are eligible. 	
<i>Tri-Cap</i>	320-251-1612 888-765-5597
<ul style="list-style-type: none"> ➤ Designed to help eligible households cope with rising energy costs and promote energy conservation. ➤ You may apply if you own or rent a home or an apartment, pay heating or electric costs and if your household income equals 150% or less of the federal poverty guidelines. ➤ Applications can be downloaded from their web site: www.tricap.org 	
<i>Salvation Army Heat Share</i>	320-252-4552 888-220-4850
<ul style="list-style-type: none"> ➤ Assists with heat share. 	

Financial Aid Information

<i>Federal Student Aid Information</i>	800-433-3243
<ul style="list-style-type: none"> ➤ Contact your school's financial aid office ➤ Apply online at: www.fafsa.ed.gov 	

Financial Services

Sherburne County

Sherburne County Health and Human Services

763-765-4000

800-433-5239

- Provides temporary financial need for needy families, medical assistance, food support, childcare subsidies, and child support for those who are eligible.

Elk River

CAER

763-441-1020

- Very limited financial assistance after all other resources has been exhausted.
- You will need to show a written denial stating the reason for denial from the county and phone call verification of denial from other resources (Tri-Cap, Salvation Army).
- Available to those in the Elk River School District.

St. Cloud

Caritas Family Services

320-229-4560

- Provides immediate short-term assistance and brief crisis counseling.
- Identification is required.

Salvation Army

320-252-4552

- Assists with bus tokens, heat share, gas vouchers, limited financial assistance and limited rental assistance.

Social Security & SSI

800-772-1213

- Will help with retirement and disability financial services

Tri-Cap

320-251-1612

888-765-5597

- Assists with setting realistic budgets and repairing your credit.
- They offer classes for rebuilding your credit and rental history.

Catholic Charities Caritas Family Services

320-252-4121

- Financial and money management counseling, support groups, seminars and workshops

First Call for Help

211

800-543-7709

Food Shelves/Programs

Becker

Food Shelf

763-261-4612

- Contact person: Janet
- Hours: Tuesday 9-11am, and Thursday 4-5:30pm
- Located at City Hall. You must provide verification that you live in Becker School District (mail, driver's license, tax return). There is a 2 times per month limit.

Big Lake

Food Shelf

763-263-2432

- Hours: Monday and Thursday 5:30-7:30 pm, Wednesday 9:00-11:00am, and the 2nd and 4th Saturdays of the month 9-11am
- Located at City Hall. You must be a resident of the Big Lake School District and be able to provide documentation. They provide a three day supply of food once a month.

Clearwater

Food Shelf

320-558-2954

- Hours: Monday 5:30-7pm, Tuesday 9-11am and 6-8pm, and Wednesday 3-5pm. If you have an emergency leave a message, they are checked daily at 3pm.
- Located at Lions Community Building in Clearwater. Service area is Clearwater and Clear Lake. Your monthly expenses must be more than half of your monthly income.

Elk River

CAER

763-441-1020

- Hours: Monday 10-3pm and 6-8pm, Wednesday 10-3pm, Thursday 6-8pm, and Friday 10-3pm. You must arrive one hour before closing time.
- Located at 19279 Watson Street NW in Elk River. You must be a resident of the Elk River School District.

Princeton

Princeton Pantry

763-631-3578

- Hours: Monday and Wednesday 1-3pm, and Friday 9-11am. Emergency number is 763-389-2777
- Located at 104 South 6th Avenue in Princeton. Behind the K-Bob Café.
- Food Shelf for those in need.

St. Cloud

Caritas Food Shelf

320-229-4560

- Hours: Monday 9-6 pm, Wednesday 9-7 pm, Thursday 1-4pm, and Friday 9am-12pm.
- Located at 157 Roosevelt Road, Room 100 in St. Cloud. Provides food staples, household items and paper products.
- Serves: St. Cloud, Sauk Rapids, Sartell, Waite Park and St Augusta. You must provide ID for all members of the household, proof of address and picture ID for Adults.

Salvation Army Food Shelf

320-252-4552

- Hours: Monday-Thursday 9-11am and 1-4pm.
- Located at 400 Hwy 10 South
Provides 5-7 days supply of food once a month for residents of St. Cloud, Sartell, Saul Rapids and Waite Park **ONLY**.

Salvation Army Community Lunch Program

320-252-4552

- Hours: Monday-Friday 11:30am-12:45pm Located at 400 Hwy 10 South in St. Cloud.

Other Food Programs

Women, Infants & Children Program (WIC)

763-765-4116
800-433-5237

- Hours: Monday thru Friday 8-4:30pm
- Provides nutrition information, vouchers for milk, cheese, eggs, juice and cereal, health care referrals, immunization for residents of Sherburne County.

New Hope

Fare for All,

800-582-4291

- Open every other Monday 9:30-7pm
- Offers packages of fresh produce and frozen meat at up to 40% savings. Payment accepted is cash, credit/debit cards and EBT.
- 8501 54th Ave N
- Fareforall.org for all distribution locations

Homeless Shelters/Emergency Shelters

Salvation Army Shelter

320-252-2229

- Open 24 hrs. Doors locked at 10pm
- 400 Hwy 10 South

Place of Hope Ministries

320-203-7881

- Serves homeless, chemically dependant people needing emergency shelter
- Support groups for adults and children

American Red Cross

320-251-7641
800-560-7641

- Serves disaster victims with emergency communication, travel and financial assistance

Anna Marie's Woman's House

320-253-6900
800-950-2203

- Battered women and their children shelter
- Provides support groups, childcare, and housing assistance

Anoka

Alexander House

763-780-2330

- Shelter for battered women and their children

Ferry Street Shelter

763-323-7006

- Adult only shelter

Home Free

763-559-4945

- Provides shelter for battered women and their children

Rise Homeless Shelter

763-786-8334

- Provides mental health services to homeless individuals

Housing Authorities / Affordable Housing / Low Income Housing (Subsidized)

US Department of Housing and Urban Development (HUD) **612-370-3000**

- HUD's mission is to increase homeownership, support community development and increase access to affordable housing free from discrimination.
- Hours: Monday-Friday 8am-4:30pm

St. Cloud

Housing & Redevelopment Authority (HRA) **320-252-0880**

- Winter hours: Monday-Friday 7:30am-4:30pm
- Summer hours: Monday-Thursday 7:30am-5pm and Friday 7:30-11:30am (Memorial Day-Labor Day)
- Low income or subsidized housing with-in city limits of St. Cloud

Habitat for Humanity **320-656-8890**

- Habitat works in partnership with people in need to build and renovate decent, affordable housing. No interest mortgage may be available for low income qualified applicants or buyers.

Legal Issues/ Tenants (renters) Rights/ Foreclosure/ Employment Rights

St. Cloud Area Legal Services **320-253-0121**

888-360-2889

- Income eligible and they will assist with those who have had any housing problems from evictions to fair housing

Central Minnesota Legal Services **320-253-0138**

800-622-7773

- Provides free legal assistance to low income people who qualify for assistance

MN Disability Law Center **612-332-1441**

800-292-4150

- Addresses the unique legal needs of persons with disabilities related directly to the disability

MN Governor's Council on Developmental Disabilities **651-296-4018**

800-348-0505

- Mission is to provide information, education, and training to build knowledge, develop skills, and change attitudes that will lead to increased independence, productivity, self determination, integration and inclusion for people with developmental disabilities and their families.

MN Statutes, Laws, and Rules **651-296-2868**

- Minnesota Statutes, Session Laws, and Rules are compiled by the Office of Reviser of Statutes.

MN Department of Human Rights **651-296-5663**

800-657-3704

- Discrimination complaints in the areas of employment, housing, public accommodations, public services assisting and enforces Minnesota Human Rights Acts

- Attorney General's Office** **651-296-3353**
800-657-3787
- Provides answers to questions about landlord and tenant rights, mobile homes, mortgages and other consumer issues
- Wright County Community Action (WCCA)** **320-963-6500**
- Provides assistance through the following: mortgage and rent assistance, home rehabilitation loans, home buyer training, and home weatherization
- US Department of Housing and Urban Development (HUD)** **612-370-3000**
- HUD's mission is to increase homeownership, support community development and increase access to affordable housing free from discrimination.
 - Hours: Monday-Friday 8am-4:30pm
- Foreclosure Prevention Assistance Program** **651-296-3353**
800-710-8871
- Assists with foreclosures due to temporary financial crisis by providing case management services and sometimes mortgage payment
- Village Financial Resource Center** **800-450-4019**
- Provides budget counseling, debt management, mortgage foreclosure prevention and information
- MN Mortgage Foreclosure Prevention Association** **763-783-4705**
- Provides support, networking, information and education in the field of foreclosure prevention
- Minnesota Department of Labor and Industry** **651-284-5005**
800-342-5354
- Workplace/Occupational safety and health issues including workplace violence, enforcement agency, offers enforcement outreach materials and on site consultations.
- Workers Compensation** **651-284-5005**
800-342-5354
- Medical Care for work injury, as long as it is reasonable and necessary
 - Wage loss benefits for part of your lost income, benefits for permanent damage, loss of function of a body part, or to your spouse/children if you die of a work injury.
 - Vocational rehabilitation services if you cannot return to your pre-injury job/employer.
- OSHA** **651-284-5050**
877-470-6742
- Contact them with any safety/health workplace concerns
 - They assist with standards development, enforcement, compliance assistance, and training/ education; which enable employers to maintain safe and healthy workplace.
- Better Business Bureau** **800-646-6222**
- Contact them to request a report on a business or to make a complaint about a business
- Minnesota Help** **800-333-2433**
- Online directory of services designed to help people in Minnesota identify resources such as human services, information and referral, financial assistance, and other forms of aid and assistance within Minnesota.
 - Web site: www.minnesotahelp.info
- First Call for Help** **211**
800-543-7709

Medical/Mental Health/Dental

****Contact Sherburne County Health and Human Services 763-765-4000 (800-433-5239)**

Apply on-line at MNSURE.org or request an application at Sherburne County Health and Human Services.

Big Lake

- ***We Care Dental*** **763-263-2222**
- Dental clinic in Big Lake that accepts Medical Assistance and most other insurances
- Located at 195 Jefferson Blvd, Big Lake, MN 55309

Buffalo

Allina Hospital Buffalo **763-682-1212**
Allina Clinic Buffalo **763-682-5225**
Buffalo Clinic **763-682-1313**
Buffalo Urgent Care **763-684-3696**
Central MN Mental Health Center **763-682-4400**
Family Counseling Center **763-682-5420**

Elk River

Fairview Clinic **763-241-0373**

Monticello

Monticello-Big Lake Hospital **763-295-2945**
Monticello Clinic **763-295-2921**
Monticello Urgent Care **763-271-3896**
Dentistry for Children **320-257-3380**
877-KID-TUTH

➤ Offices in Monticello, Sartell, and Princeton
STARS Mental Health **763-217-5322**

- Children's and families mental health services

Monticello-Big Lake Counseling Center **763-295-4001**

- Programs for mental health and chemical dependency

Princeton

Fairview Clinic **763-389-3344**

St. Cloud

St. Cloud Hospital **800-835-6652**
Mid-Minnesota Family Practice Center **800-575-2982**
Planned Parenthood **320-252-9504**
➤ Can help with unplanned pregnancy, STD education and testing, and birth control
Detox Crisis Unit **320-252-6654**

Zimmerman

Fairview Clinic

Medication Assistance Programs

763-856-6900

651-431-2500

800-882-6262

- Drug companies offering free or reduced cost medication to low-income patients

*****For referrals to an Alcohol Treatment Program call 800-252-6465*****

Miscellaneous Resources

MinnesotaHelp.info

- MinnesotaHelp.info is an online directory of services designed to help people in Minnesota. It is especially rich in resource information for seniors and their caregivers; people with disabilities and their caregivers; parents and families; and low income people.

- www.mnhelp.com

Whitney Senior Center

320-255-7295

Fax 320-650-3463

- 1527 Northway Drive, St. Cloud, MN 56303

Post Secondary Information

*****For Post Secondary Information, use the web site: www.iseek.org*****

Anoka

Anoka-Hennepin Technical College

763-574-4700

800-847-5588

- Web site: www.ank.tec.mn.us

Brooklyn Center

High Tech Institute

763-650-9700

888-324-9700

Minnesota School of Business

763-566-7777

800-231-9154

- Web site: www.msbcollge.edu

Brooklyn Park

Hennepin Technical College

952-955-1300

800-345-4655

- Web site: www.htc.mnscu.edu

North Hennepin Community College

763-424-0702

800-818-0395

- Web site: www.nhcc.mnscu.edu

Cambridge

Anoka Ramsey Community College **763-433-1100**

- Web site: www.anokaramsey.edu

Central Beauty School **763-691-1431**

Coon Rapids

Anoka Ramsey Community College **763-433-1100**

- Web site: www.anokaramsey.edu

St. Cloud

Model College of Hair Design **320-253-4222**

- Web site: www.modelcollegehairdesign.com

Regency Beauty Institute **320-251-0500**
800-759-0856

- Web site: www.regencybeauty.com

Rasmussen Business College **320-251-5600**
800-852-0460

- Web site: www.rasmussen.edu

St. Cloud State University **320-308-0121**
877-654-7278

- Web site: www.stcloudstate.edu

St. Cloud Technical College **320-308-5000**
800-222-1009

- Web site: www.sctc.edu

MN Department of Education **651-582-8200**

- Answers to questions about birth to post secondary education in Minnesota

Sherburne County Transportation Services

Sherburne County

Sherburne County Health and Human Services **763-765-4000**
800-433-5239

- Auto Readiness: available to MFIP applicants and recipients which is a loan that you may apply for with your Financial Worker for repairs or auto insurance when funds are available.
- Emergency Assistance: available to adults and families; the county will pay a lump sum payment to a vendor to avoid eviction, foreclosure, or utility shutoff.
- Can be used once in a twelve month period.

CAER **763-441-1020**

- Car care clinic is offered monthly on first-come, first-serve basis. They assist with some repairs on legal vehicles.
- You will need to provide verification of insurance and a valid driver's license.
- CAER is located at 19279 Watson Street in Elk River.

River Rider **763-263-0101**
800-821-9719

- Public transportation that serves Sherburne and Wright Counties.
- Reservations must be made a day in advance and fares vary based on location and destination.

Ride Share/Carpool Services **612-373-3333**

- They will connect people with others that are commuting to ride share (between cities, not intercity)

Pioneer Taxi **763-878-6611**

- 24-hour cab or courier service.

St. Cloud

St. Cloud Metro Transit **320-251-7433**

800-535-7190

- Provides transit services for the cities of St. Cloud, Sauk Rapids, Sartell and Waite Park.

Care Cabs (provided by yellow cab) **320-251-5050**

800-535-7190

- Provides transportation for wheelchair bound people. Fare varies and may be covered by Medical Assistance.

Yellow Cab **320-251-5050**

800-535-7190

- 24 hour cab or courier service

Princeton

Rum River Interfaith Caregivers **763-389-3616**

- Will transport and accompany elderly or disabled to medical appointment, church activities, grocery stores and social events.

Tax Credits/ VITA (volunteer income tax assistance)

*****When you do your taxes, don't forget to see if you're eligible for the Federal Earned Income Credit and the Minnesota Working Family Credit. These tax credits are for people who have low to moderate incomes*****

- You need a federal tax form, federal schedule EIC form and a Minnesota long or short tax form. Most libraries and post offices have these forms with instructions available for free.
- For more information about the ***Earned Income Tax Credit*** call **800-829-1040**
- For more information about the ***Working Family Tax Credit*** call **800-652-9094**

VITA **651-297-3724**

- Call between the dates of February 1st and April 15th to obtain information on local sites that offer free tax assistance
- Advanced Earned Income Credit

Internal Revenue Service (IRS) **320-251-9261**

- Assistance with common tax questions

*****In addition to the above credits, Federal Tax Credits are available for families with children and for education
For more information on these credits call the IRS at 800-829-1040*****

The Family and Medical Leave Act (FMLA)

*****Talk to you employer about FMLA or contact the Department of Labor, Wage and Hours Division for more information*****

- Provides eligible employees with up to 12 weeks of unpaid, job protected leave per year. It also requires that group health benefits be maintained during the leave
- An eligible employee is one that has worked for a covered employer for at least one year and for 1250 hours over the previous 12 months and if there are at least 50 employees within 75 miles

Unemployment Insurance

*****If you lose you job, don't forget to apply for unemployment benefits*****

There are 2 ways to apply for Minnesota Unemployment Benefits:

- Complete the application online at: www.uimn.org
- Apply by phone at: **651-296-3644** or **877-898-9090**

Workforce Centers and Partners

*****Call toll free 888-438-5627 for the closest Workforce Center*****

Monticello

Minnesota Workforce Center

763-271-3700

800-284-7425

- Located at 406 7th St. E
- Open to the public for job search, attend classes, use computers, internet access, use telephones, fax machine, copy machine, and other resources for job searching

Division of Rehabilitation Services

763-295-5894

- Provides services to people with disabilities that want to get ready for work, or to find or keep a job

Job Service

763-271-3744

- Provides Minnesota workers with resources and information to manage their participation in the workforce

Central Minnesota Jobs & Training Services

763-271-3700

800-284-7425

- Assists the unemployed and the underemployed to move towards self-sufficiency

- Some programs you must meet eligibility requirements

St. Cloud

Minnesota Workforce Center

320-308-5320

- Open to the public for job search, attend classes, use computers, internet access, use telephones, fax machine, copy machine, and other resources for job searching

Division of Rehabilitation Services

651-296-5616

- Provides services to people with disabilities that want to get ready for work, or to find or keep a job

State Services for the Blind

320-308-4800

- If you are blind or visually impaired, they will help facilitate the achievement of vocational and personal independence